



CAREGIVING DYNAMICS

Caregiving Dynamics combines education and supportive therapy for adult family members of individuals with dementia. Groups meet once a week over four consecutive weeks for 90 minutes and cover:

- Introduction to Alzheimer's Disease
- Communication & Behaviors
- Coping with Life Changes
- Taking Care of Yourself

Facilitated by Jennifer Gayan, LCSW
702-483-6036 or gayanj@ccf.org

Call to reserve your place in a group or for information on current dates and times.

Groups are held at 888 W. Bonneville Ave. and are offered at no cost. The Caregiver Support Project is funded by a grant from the Nevada Aging & Disability Services Division.