



About Us

Cleveland Clinic Lou Ruvo Center for Brain Health provides diagnostic evaluation and continuing care for patients with cognitive disorders. Our facility also provides supportive services for caregivers, who are an integral part of our mission.

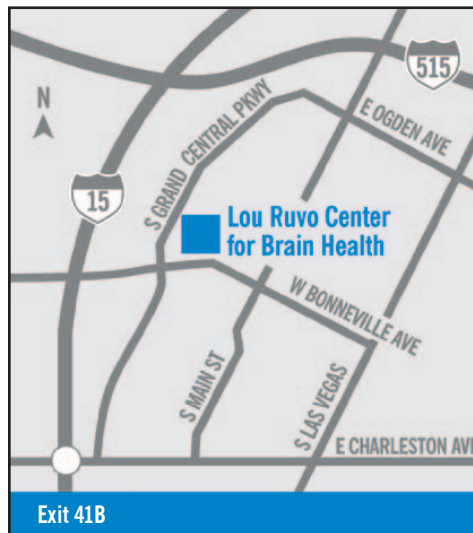
Caregiver & Social Services

We offer supportive services and programs specially designed for caregivers and family members including:

- Social services
- Education
- Lending library
- Support groups
- Counseling
- Programs for caregiver well-being

Funding

The Family Support Program is funded by The Rosalynn Carter Institute / Johnson & Johnson Caregivers Program and is based on the New York University Caregiver Intervention.



Lou Ruvo Center for Brain Health

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To learn more about our
Caregiver services and programs,
visit www.keepmemoryalive.org



Lou Ruvo Center for Brain Health

Family Support Program



What is the Family Support Program?

Cleveland Clinic Lou Ruvo Center for Brain Health Family Support Program is designed to support caregivers living with a spouse or significant other with memory loss. It is a six session counseling program based on a scientifically-proven intervention.

What services does the Family Support Program provide?

- Initial screening and assessment
- Two individual caregiver sessions
- Four family/friend sessions
- Support group participation
- Support by phone as needed
- Quarterly contact to review progress and complete follow-up assessments

Who can participate?

Caregivers of any age who are living with a spouse or significant other with memory loss and who have at least one relative, friend or neighbor who is willing to participate.

What are the benefits of participating?

Caregivers who have participated in the program experienced improved:

- social support
- mood
- physical health
- coping skills

Are you caring for a spouse or significant other with memory loss at home?

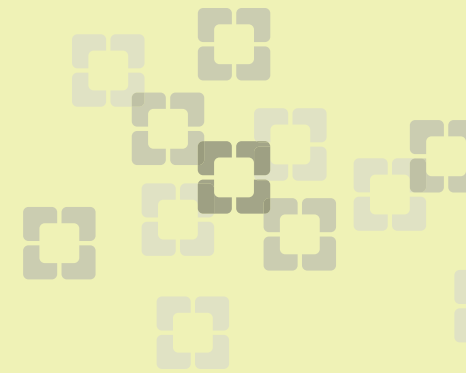
The Family Support Program can help caregivers:

- Reduce stress
- Find solutions to problems
- Access community resources
- Share experiences with others in similar situations
- Improve communication with family members

Cost

The Family Support Program is available at no cost and is funded by a grant from The Rosalynn Carter Institute / Johnson & Johnson Caregivers Program.

Respite funds are available to provide care for your loved one during sessions.



For more information, contact
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